

Joined up thinking...

For more information contact:

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Supported by
department for
children, schools and families

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FILTON AVENUE NURSERY SCHOOL AND CHILDREN'S CENTRE



**Family Support Services
September 2011**

**Working together with parents and children
to ensure a brighter today.**

filtonavenuen@bristol.gov.uk 0117 377 2680

Mondays

Stay & Play

9.15am-11.15am

Bring your toddler (2-3yrs) and come and play together in our Family Room. It's free, but please bring a piece of fruit or a vegetable for our healthy snack time.

Early Birds

1.30pm-3.00pm

For premature babies and carers. A chance to share experiences and ideas for your baby, and receive expert dietary advice.

Community Room

Tuesdays

Baby Clinic

1.30pm-3.00pm

Horfield Health Visitors baby weighing clinic. Also friendly advice on breast feeding from Maria.

Wednesdays

Stay & Play

9.15 am-11.15 am

(As Monday)

Saplings

1.30pm-3.00pm

For young mums (16-22 yrs) and their children. A chance to meet new friends, be creative, and play with your child in our cosy well-equipped Family Room.

Thursdays

Childminders Support

9.15am-11.15am

A chance for local childminders to get together, support each other and share ideas. Curriculum support offered in a relaxed and friendly atmosphere.

Knowing Me, Knowing You

1.30pm-3.00pm

For women who speak English as a second language to get together and improve their English skills whilst playing with their children.



Fridays

Baby Club

9.45am-11.15am

For parents/carers and babies 0-12 months old. Sensory play, singing, and a time to share tips and get practical parenting advice. (Community Room)

Toddle-Up (1&2 yrs)

9.45 am-11.15 am

For parents/carers and children too old for Baby Club and too young for Stay & Plays (Family Room)

Other Services:

Children's & Young People's Workforce Certificate (Level 2)

Dad's Network

Understanding Children Courses

Adult Learning – including ESOL & literacy

Stop Smoking support

Baby Massage

Home Start

and

1:1 Advice and support on going back to work, training, domestic violence, available all-year-round

Please ask for details.