

Joined up thinking...

For more information contact:

Filton Avenue Nursery School & Children's Centre
Blakeney Road, Bristol BS7 0DL

0117 353 4235

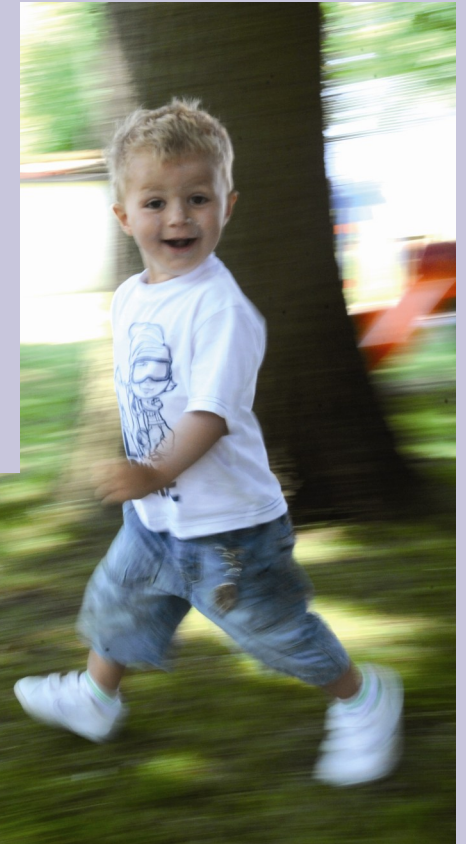
filtonavenuen@bristol.gov.uk
www.filtonavenue.org



Supported by
department for
children, schools and families

22 November 2011

CLIFTON/COTHAM CHILDREN'S CENTRE



**Family Support Services
September 2011**

Working together with parents and children
to ensure a brighter today.

filtonavenuen@bristol.gov.uk 0117 353 4235

Family Support Services September 2011

Mondays

Early Birds

1.30-3.00pm

Filton Avenue Children's Centre (Horfield)

For premature babies and carers. A chance to share experiences and ideas for your baby, and receive expert dietary advice.

Tuesdays

Stay & Play

10.00-11.30am

The Council House

For parents/carers with children 0-3 yrs. Come and play together in the Play Room (Council House), Clifton.

(All-Year Round)

Our groups are free, but please bring a piece of fruit/vegetable for our healthy snack time.



Wednesdays

Baby Club

10.00-11.30am

The Council House

For parents/carers and babies 0-12 months old. Sensory play, singing, and a time to share tips and get practical parenting advice.

Visit our Web Site:
www.filtonavenue.org

CLIFTON/COTHAM CHILDREN'S CENTRE

Thursdays

Early Parenting Sessions

10.30 am-12.00pm

Hampton House

6 Week programme. Please see your health visitor for details

Fridays

Toddle-Up (1&2 yrs)

10.00 – 11.30

The Council House

For parents/carers and children too old for Baby Club and too young for Stay & Plays.

Dads Group

1.15 – 3.15

The Council House

Come along with your baby/pre-school child. Play and meet up with other dads



Baby Massage

Sessions held at the Council House.
Ring for details.

Other Services

Understanding Children Course

Stop Smoking support

1:1 Advice and support on going back to work, training

Domestic violence support

Home Start support